



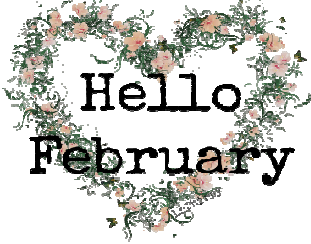








FEBRUARY 2020 - LEISURE CALENDAR - ALEXANDER MACKIE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Legend: DR = Dining Room ML = Main Lounge 201 = Arts & Crafts Rm 203 = Cards & Exercise FDR = Family Dining Rm FC = Front Courtyard L = Lobby	Activity Sign Up: BUS Trips <u>ALWAYS</u> require advanced Sign Up ASUR = Activity Sign Up is <u>Required</u> (crafts, cards, etc...)	Hair Salon (4th Floor) Tuesdays, Wednesdays & Fridays with Jill Opens at 9:00am 	 FEBRUARY		FEBRUARY IS HEART MONTH Purchase your Valentine Candy Grams until Feb 12 with a proceeds going to The Heart & Stroke Foundation	1 10-11:00 Tuck Shop ML 1:00 Bridge 203 1:30 Canasta DR 7:00 Movie with Sylvia ML "Downton Abby: The Movie"
2 3:30 Superbowl LIV 2020 <i>San Francisco 49ers @ The Kansas City Chiefs</i> On the big screen in the Main Lounge	3 1:00 Stretch Class 4L 2:00 Brain Busters 4L 	4 10:00 Westshore Roamers Early signs of Spring? 1:00 BUS TRIP: ASUR Westshore Mall 7:00 Bingo DR	5 10-11 Tuck Shop ML 1:00 Stretch Class 4L 2:30 Success Fitness 4L 6:30 Cribbage ML	6 10:00 Computer & Tech Help with Michelle ML 1:00 Bridge 203 2:00 BUS TRIP: ASUR Elements Casino	7 1:30 Board Game Fun DR 2:00 Crafting Workshop Open House 201 7:00 Live in the Lounge with Charlie Burton 4L	8 10-11:00 Tuck Shop ML 1:00 Bridge 203 1:30 Canasta DR 
9 	10 10:00 BUS TRIP: ASUR "Wildlife Photographer of the Year" exhibit at RBCM 1:00 Stretch Class 4L 2:00 Brain Busters 4L	11 10:00 Westshore Roamers Start the day right! 1:00 BUS TRIP: ASUR Tillicum Mall 7:00 Bingo DR	12 10-11 Tuck Shop ML 1:00 Stretch Class 4L 2:00 Canada Scooters offering free tune-ups 4L 3:00 Book Club 203 6:30 Cribbage ML 7:00 Girl Guide Visit DR	13 10:00 Meet the Chef 4L Food for thought! 1:00 Bridge 203 11:30 BUS TRIP: ASUR Lunch @ Olympic View Ballroom 2:30 Cards with Peta 201	14 <u>VALENTINE'S DAY</u> 1:30 Board Game Fun DR 1:30 Special Valentine's Day Craft with Shelley 201 Beautiful Valentine's Day  Handmade Cards	15 10-11:00 Tuck Shop ML 1:00 Bridge 203 1:30 Canasta DR 7:00 For your listening pleasure, the K-Tones! 4L
16 <i>"The Eskimo language has fifty-two names for snow because it is important to them; there ought to be as many for love." ~ Margaret Atwood</i>	17 <u>FAMILY DAY</u> 1:00 Family Movie Day! Invite the kids & grandkids (or the great-grands!) for an Family movie with Popcorn & Ice cream in the Fourth Floor Lounge!	18 10:00 Westshore Roamers Scenic Mystery Trips 1:00 BUS TRIP: ASUR Westshore Mall 7:00 Bingo DR	19 10-11 Tuck Shop ML 1:00 Stretch Class 4L 2:00 Hearing Aid Clinic 203 2:30 Success Fitness 4L 2:00 BUS TRIP: ASUR Elements Casino	20 10:00 The Residents' Advisory Council Meeting <i>All Residents Welcomed</i> 4L 	21 1:30 Board Game Fun DR 2:00 Crafting Workshop Open House 201	22 10-11:00 Tuck Shop ML 1:00 Bridge 203 1:30 Canasta DR 
23 <i>A Sunday We'll spend brings a week of Content.</i>	24 1:00 Stretch Class 4L 2:00 Brain Busters 4L 	25 10:00 Westshore Roamers A Great Way to Meet New Friends! 1:00 BUS TRIP: ASUR Walmart 7:00 Bingo DR	26 10-11 Tuck Shop ML 2:00 Birthday Bash DR with Guy Marchi <i>Everyone is Welcome!</i> 6:30 Cribbage ML	27 10:00 Meet with Serg 4L 1:00 Blood Pressure & Weight Clinic 4L 2:30 Cards with Peta 201	28 10:30 Library Visit ML 1:30 Board Game Fun DR 2:00 Crafting Workshop Open House 201 7:00 Vancouver Island's Black History 4L	29 <u>HAPPY LEAP YEAR</u> 10-11:00 Tuck Shop ML 1:00 Bridge 203 9-5 Tax Savers Income Tax Preperation 201 2-4 Nygaard Fahions 4L Spring Sale!